



State University of New York
College of Environmental Science and Forestry

2011-2012

INTERCOLLEGIATE ATHLETICS HANDBOOK



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College of Environmental Science and Forestry

INTERCOLLEGIATE ATHLETICS HANDBOOK 2011-2012

Mission Statement

SUNY-ESF offers an intercollegiate athletics program which supports the academic mission of the College and contributes to the quality of student life on campus. Participation in our athletics program benefits our students and our College in several specific areas including:

- **Student Development** - Student participation in athletics provides opportunities to develop teamwork and leadership skills along with physical fitness, recreation, sportsmanship, self-awareness and community involvement.
- **Student Activities** – Our athletics program provides social opportunities for spectators in addition to the student development opportunities provided to participants.
- **School Spirit** - Our athletics program enhances school spirit and alumni involvement and helps to build institutional pride and identity.
- **Visibility** - Our athletics program helps to generate media coverage and increases the College's visibility and reputation.
- **Student Recruitment and Retention** - The availability of intercollegiate athletics is a significant factor in the college selection process for many outstanding student-athletes who seek the quality education ESF provides. Athletics can also contribute to student retention and degree completion.

The Student Athlete

The intercollegiate athletics program at ESF is built on a firm commitment to supporting the academic mission of the College, with the understanding that intercollegiate athletes are, first and foremost, students. Our student-athletes are dedicated to completing their degree programs and succeeding in life after graduation, and our intercollegiate athletics program helps them to achieve those goals.

Student-athletes at ESF are expected to meet the same academic and student life standards and responsibilities that are expected for all undergraduate students. Student-athletes are expected to

be familiar with, and to fully comply with, the standards and responsibilities described in official College publications, including:

- The General Catalog of the State University of New York College of Environmental Science and Forestry- This catalog is updated annually and is available online at www.esf.edu/catalog/.
- The ESF Student Handbook - This handbook contains important information and College policies pertaining to student conduct, academic requirements, alcohol and drug use, sexual harassment, personal safety and other issues. It is available online at www.esf.edu/students/handbook/.
- Academic Integrity at ESF - This publication outlines the rights, responsibilities, and violation consequences associated with plagiarism, cheating and other academic integrity issues. It is available online at www.esf.edu/students/handbook/.

Eligibility Requirements for Intercollegiate Athletics

The following eligibility requirements must be met by all student-athletes at ESF to be in compliance with USCAA and ESF regulations and eligible for participation in intercollegiate athletics:

- The student must be a graduate of an accredited high school or have earned a graduate equivalent degree (GED) or home school certificate. He or she must be admitted as a regular student in good standing as defined by ESF's current admissions policies.
- All students must be enrolled in a recognized academic program and be making progress towards a two or four year degree at the attending college.
- All students must be enrolled in a minimum of 12 credits at time of participation. If a student is enrolled in less than 12 credits, he/she will be considered part-time for eligibility purposes.
- Student-athletes must achieve a cumulative grade point average of 2.00 or higher on a 4.00 scale following each semester of enrollment at ESF to participate in intercollegiate athletics (ESF's GPA requirement is higher than the current USCAA requirement).
- Second semester students must have achieved a GPA of 2.0. Thereafter, all students must pass 24 credit hours the two preceding terms of attendance. Exception. If a freshman completes their first semester at an institution and leaves the following semester, upon the student's return they may reestablish their eligibility by completing the necessary credits to reach 12 during a summer or interim period only.

- Summer and inter-term credit hours can be used to satisfy the 12/24 credit hour rule and GPA requirement. Summer credit hours should be attached to the preceding spring term for eligibility purposes. Winter term credits should be attached to the first semester.
- If a student transferring to a member institution has ever participated in intercollegiate athletics, the student must have been academically and athletically eligible had he or she remained at that institution. If the transferring student is ineligible, they are required to complete one full academic year of residence at ESF before being eligible to compete. An academic year shall be completed when the student is enrolled in and completed a minimum full-time program of studies for two full semesters.

The institution to which the student is transferring (ESF) must submit a formal request to the institution that the student is transferring from to determine the student's eligibility (form found under administrative forms at www.theuscaa.com).

- Students transferring into USCAA member colleges during a mid-season sport shall be eligible to participate immediately, provided that each institution's athletic director signs off on the transfer, and that the student was academically eligible at the institution he/she is transferring from.
- Students with any questions or concerns about eligibility should contact their coach and the Coordinator of Athletics.
- Additional eligibility requirements may apply to ESF student-athletes, as outlined in the USCAA website (www.theuscaa.com). ESF coaches and student-athletes are responsible for meeting all USCAA eligibility requirements, and the Office of Athletics must certify student eligibility prior to participation.
- ESF eligibility requirements may exceed the minimum requirements set by the USCAA.

Class Attendance and Assignments

- Student athletes at ESF are expected to meet all academic responsibilities for regular class attendance and all assigned academic work required for course completion, consistent with the requirements set for other students in their class or academic program.
- The coaches of intercollegiate athletic teams will provide the faculty with a list of the students participating on their teams and the dates when these students may request absences for participation in athletic competitions (not practices). Student-athletes are personally responsible for requesting faculty permission to be excused from class due to athletic competitions, and are expected to do so well in advance of the competition date to allow an appropriate time for faculty response.

- Faculty members are encouraged to allow student-athletes to miss class for athletic events, but they are not required to do so. Students excused from class are not excused from any required work. It is up to the student and faculty member to determine how missed work can be made up.
- Class attendance and related expectations should be clearly communicated to all students during the earliest class sessions of each semester, and student-athletes should actively seek this information to avoid potential misunderstandings with their instructors.

Admission Standards and Procedures

Student-athletes are admitted to ESF using the same admissions standards used for non-athletes. Admission policies and application procedures can be found on the College website at www.esf.edu/admissions/.

Financial Assistance

SUNY-ESF does not offer athletic scholarships or grants-in-aid to student-athletes. The College offers a variety of need-based grants and academic merit-based scholarships with eligibility determined on an individual basis dependent upon each student's demonstrated financial need and academic performance or potential. Athletes and non-athletes are awarded financial aid and scholarships using the same award criteria and renewal criteria.

Need-based grants, student loans, campus employment and other financial aid programs are also provided through New York State and/or the federal government. The College's financial aid process determines student financial need based on a review of the Free Application for Federal Student Aid (FAFSA). ESF's financial aid programs and policies comply with NCAA Division III regulations, as well NAIA regulations and the scholarship policies established by the State University of New York. Additional information about college costs and financial assistance can be found on the College website at www.esf.edu/financialaid/. ESF's affordable state-supported tuition along with available grants and scholarships make an ESF education possible for many student-athletes.

Institutional Control of Intercollegiate Athletics

The State University of New York policy on intercollegiate athletics (Policy Document #3000) provides for the formation of an Intercollegiate Athletics Board (IAB) on each state supported campus to monitor, review and recommend policies for intercollegiate athletics and to advise the campus president. The IAB also has the responsibility for developing the annual intercollegiate athletics budget and recommending it to the campus president for approval. Additional

information pertaining to IAB duties and member requirements can be found on the SUNY website at www.suny.edu/sunypp/documents.cfm?doc_id=50/

ESF's Intercollegiate Athletics Board is composed of three student representatives, three faculty representatives, two administration representatives, and one alumni representative. A list of current members is available and can be provided through the Office of the Vice President for Enrollment Management and Marketing.

Use of Alcohol and Other Drugs

Student-athletes, coaches and other members of the ESF community are expected to abide by the College policy and applicable local and state laws governing the use of alcohol and other drugs. The official ESF policy governing use of alcohol and other drugs is provided in Document ID#ADM.005 (available online at www.esf.edu/au/pp.htm). This policy is provided in the Student Handbook published each year by the Office of Student Life (available online at www.esf.edu/students/handbook/) and is included as an appendix to this handbook.

Use of Tobacco and Tobacco Products

Student-athletes, coaches and other members of the ESF community are expected to abide by the College Smoking Policy and applicable local and state laws. The official ESF policy governing smoking is provided in Document ID#ADM.008 (available online at www.esf.edu/au/pp.htm). This policy prohibits smoking in all College-operated buildings and in all vehicles owned and operated by the College, and places limits on smoking in outdoor areas. It is included as an appendix to this handbook.

Use of Prescription Drugs

It is the student-athlete's responsibility to provide documentation of their successful completion of an annual physical examination prior to any participation in intercollegiate athletics. This documentation must include information about any current use of prescription drugs. Any illegal use of prescription drugs is prohibited and will result in sanctions for substance abuse-related violations of the ESF Code of Student Conduct and ESF policy governing the use of alcohol and other drugs.

Health Insurance

It is the student-athlete's responsibility to obtain primary insurance coverage and to maintain coverage throughout their participation in the ESF intercollegiate athletics program. Consistent with other colleges and universities, the Office of Athletics will look to the parents' or guardians' health and accident insurance as primary coverage for any injury or illness which may occur

during intercollegiate athletics practice sessions or competition. Additional insurance coverage for catastrophic injuries resulting from participation in intercollegiate athletics will be provided by the College of Environmental Science and Forestry (effective spring 2010).

Student-athletes must complete and sign a **Statement of Insurance and Emergency Authorization** form and submit that form to ESF's Office of Athletics prior to participation in any intercollegiate athletics program. This form must be updated on an annual basis and will be kept on file in the Office of Athletics. A copy of this form is provided as an appendix to this Handbook.

Required Physical Examination and Medical History

All new and returning student-athletes must submit a Physical Examination Clearance Form each year, prior to participating in any intercollegiate athletics activity (tryouts, practices, contests, etc.). This form is included as an appendix to this handbook. It must be completed and signed by a physician, and must be mailed to the SUNY-ESF Office of Athletics, 10 Bray Hall, Syracuse, NY 13210.

Entering freshmen and transfer students should note that they are also required to submit their Syracuse University Health Services Form prior to their first semester of enrollment at SUNY-ESF. This form will provide your medical history and document your compliance with immunization requirements. **It must be signed by your chosen health care professional.** It will be kept on file at the Syracuse University Health Services office. SUNY-ESF students are eligible for health care services provided by the Syracuse University Health Services department, including emergency and medical transportation services if their health fee is paid. See <http://students.syr.edu/health> for additional information, and to download a Health Services form.

All student-athletes must **also** complete and sign a copy of the **SUNY-ESF Athletic Pre-Participation Medical History** form, and provide that form to the Office of Athletics prior to each year of participation in intercollegiate athletics.

The **Syracuse University Health Form** and the **SUNY-ESF Athletic Pre-Participation Medical History** form are provided as appendices to this Handbook.

Assumption of Risk and Release of Claims

All student-athletes must sign an Assumption of Risk and Release of Claims form prior to participation in any intercollegiate athletics program at ESF. A copy of this form is provided as an appendix to this Handbook.

APPENDICES

Policies and Procedures



Policy Governing Use of Alcohol and Other Drugs

Introduction:

The College of Environmental Science and Forestry is committed to providing a safe and healthy environment for all members of our community. This policy is intended to articulate, affirm, and maintain community-wide norms that support abstinence and encourage low-risk choices regarding alcohol and other drugs; choices that will not compromise positive living, learning, and working experiences for each member of our community. This policy provides a framework for the College's approach to prevention and intervention, and defines acceptable and unacceptable behaviors with regard to alcohol and other drugs.

Guiding Principles:

- **College as a Community:** The College of Environmental Science and Forestry is an educational institution dedicated to pursuing excellence, promoting academic achievement, and advancing knowledge. The College takes a demonstrable interest in the intellectual, physical, and psychological well-being of its members. Ultimately, the College seeks a proper balance between individual freedom to learn from experience and the need to accept and live within the standards of conduct set by the community. The College expects all its members and guests to share in the responsibility of adhering to and enforcing this policy.
- **Proactive Approach:** Federal, state, and local laws and other mandates require the College to promulgate policies and procedures that stipulate sanctions for violating standards for misusing alcohol and other drugs; however, the College's efforts go beyond rules and sanctions. The College aims to institute policies and procedures that develop and sustain healthy community-wide norms to facilitate the prevention of problems while providing resources for intervention and assistance.
- **Prevention, Education and Intervention:** The College of Environmental Science and Forestry seeks to provide an environment in which drug and alcohol abuse is not tolerated and does not interfere with the goals of the College as an educational institution and workplace. To provide an environment that does not tolerate the illegal and harmful use of alcohol and other drugs and helps to prevent problems related to those substances, the College engages in proactive efforts including the following

NOTE: To ensure consistency and continued collaboration, ESF's Policy Governing Use of Alcohol and Other Drugs reflects selected provisions of the Syracuse University policy. Components of this policy may change without prior notification.

- educating members of the community about policies related to alcohol and other drugs and sanctions used to enforce these policies;
 - intervening and providing assistance to those with problems while creating an atmosphere in which those with problems are encouraged to seek help; and
 - offering low-risk social options that support institutional initiatives fostering health and wellness.
- Values Regarding Substances and Education: Taking into account the public health and safety concerns expressed above, the College of Environmental Science and Forestry supports the following values with regard to substances and education.
 - *Alcohol*: Abstinence is supported as a primary option. Consuming alcoholic beverages legally and in moderation is accepted. Drinking alcohol excessively is not. Unlawful behaviors involving alcohol are prohibited. Disruptive behavior that creates potential for harm or infringes on the rights of others is prohibited.
 - *Illegal and Other Drugs*: There is zero-tolerance for the unlawful possession and use of illegal drugs. This zero-tolerance also applies to improperly using prescription medications, controlled substances, or other legal drugs. Possessing drug paraphernalia is prohibited.
 - *Education*: The College supports and utilizes alcohol and drug education and early intervention programs where appropriate. Self-referral to such programs is strongly encouraged and participation is strictly confidential. Community members are expected to be aware of the risks associated with abuse of alcohol and other drugs and the education and early intervention programs available to the community.
 - Health Risks and Information:
 - Health risks associated with the use of alcohol include but are not limited to memory loss, depression, seizures, falls and accidents, heart and lung diseases, frequent infection, and sudden death.
 - Social risks associated with the use of alcohol include but are not limited to damaged relationships, academic failure and family problems.
 - Grain alcohol is very dangerous when consumed. It is usually in a concentration of about 95 percent (185-190 proof), is highly toxic, and physically damages body cells, including causing burn injuries to the mouth and esophagus. Possession of grain alcohol by any person, regardless of age, is a violation of New York State Law.
 - For further information and assistance regarding alcohol and other drug related matters, community members may consult the Office of Student Life and

Experiential Learning, the Human Resources Office, and Syracuse University Health Services.

Use of Alcohol and Other Drugs:

- **Jurisdiction:** The College's Policy Governing Use of Alcohol and Other Drugs applies to the activities of all College of Environmental Science and Forestry students, recognized student organizations, staff, faculty, guests and visitors as follows. This policy applies to:
 - all activities occurring on College owned, operated, or controlled property;
 - all College-sponsored events occurring at any location;
 - all individuals while representing the College at any location;
 - all students as detailed in the Code of Student Conduct; and
 - all student organizations as detailed in the Student Organization Handbook.
- **Comprehensiveness:** All organizational units of the College shall conform to this policy as well as all federal, state, and local laws.
- **Definitions:** Definitions applicable to this policy are included in Appendix A.
- **Drugs:**
 - The unlawful manufacture, distribution, sale, purchase, possession, or use of any drugs or controlled substances is prohibited.
 - Possession of drug paraphernalia is prohibited.
- **Alcohol:**
 - The unlawful service, distribution, sale, possession, consumption, or other unlawful use of alcoholic beverages is prohibited.
 - "Legal drinking age" is defined as that of the state or country where the ESF-related activity takes place.
 - Unlawful behaviors involving alcohol including, but not limited to, underage drinking, public intoxication, drinking and driving, manufacturing, distributing, and using false identification are prohibited.
 - All events occurring on College owned, operated, or controlled property and all College-sponsored events where alcohol is present must conform to the guidelines set forth in the Policy for Serving Alcoholic Beverages at Campus Events (see administrative policy #ADM.004).
 - In addition to College-sponsored events as described above, alcoholic beverages may be served/consumed on College owned, operated, or controlled property only in:
 - specifically designated locations as outlined in Appendix B, and
 - private College residential units of persons of legal drinking age provided that the host and all guests present are also of legal drinking age. Alco-

holic beverages dispensed via a central source container, such as kegs and beer balls, are prohibited in all student/guest residential facilities.

- Students under the legal drinking age may not distribute, sell, possess, consume or be in the presence of alcohol in assigned living quarters.

Sanctions for Violations of Alcohol and Other Drugs Policy:

- Employees and students known to violate this policy are subject to College disciplinary actions and public law enforcement actions.
- Any College official shall have the authority to take action regarding any violation of this policy occurring on College owned, operated, or controlled property or at any College-sponsored event. Any member of the College community may file a complaint pursuant to established College disciplinary procedures against any individual, student organization, or department he/she knows or believes to have violated this policy. Complaints may be filed through established College process, and, if a violation is found to have been committed by the accused individual or student organizations, appropriate sanctions will be determined with criteria identified below.
 - *Students and Recognized Student Organizations:* All students and student organizations are governed by this policy. Allegations that one or more students or recognized student organizations have committed a violation of this policy are handled by the College Judicial System. College sanctions are described in Appendix C. Students may also be subject to external sanctions.
 - *Employees:* All College employees are governed by this policy. Allegations that an employee has violated the policy are handled by the Human Resources Office. Employees found to have violated this policy are subject to appropriate disciplinary action, pursuant to state, local, and federal law, and policies of the Human Resources Office. Such disciplinary action may include, but is not limited to: referral for appropriate assessment, education, counseling, and rehabilitation. In cases where impaired performance is due to illegal drugs, immediate suspension or dismissal may result. Employees may also be subject to external sanctions.
 - *Visitors and Guests:* All visitors and guests are governed by this policy. Visitors and guests found to be in violation of this policy may be asked to leave College property immediately and may be subject to external sanctions. ESF students will be held responsible for the behavior of their guest(s).
 - *External Sanctions:* Penalties available under generally applicable federal, state, and local laws are not diminished or replaced by the sanctions imposed under this policy.

Appendix A: Definitions

When used in this policy, the following definitions apply:

- Alcohol means ethyl alcohol, hydrated oxide of ethyl or spirit of wine from whatever source or by whatever processes produced.
- “Legal drinking age” is defined as that of the state or country where the ESF-related activity takes place.
- Alcohol abuse means the excessive use of alcohol in a manner that interferes with (1) physical or psychological functioning; (2) social adaptation; (3) educational performance, and (4) occupational functioning.
- Controlled substance means a controlled substance in Schedules I through V of Section 202 of the Controlled Substances Act (21 U.S.C. 812) or whose possession, sale, or delivery results in criminal sanctions under New York State Law. In general, this includes all prescription drugs, as well as those substances for which there is no generally accepted medical use (e.g., heroin, LSD, etc.), and substances that possess a chemical structure similar to that of a controlled substance (e.g., designer drugs). This term does not include alcohol.
- Illegal drug or chemical substance is (1) any drug or chemical substance, the use, the sale, or possession of which is illegal under any state or federal law, or (2) one which is legally obtainable but has not been legally obtained. The term includes prescribed drugs not legally obtained and prescribed drugs not being used for prescribed purposes.
- An individual or group is considered to be representing the College when their activities involve active management, physical or administrative oversight, financial support, and/or release time by the College. Students represent the College when: (1) they are traveling on College money (including student fees), (2) they are on the job (in positions paid for by College accounts and student fees), (3) they use their College or student government titles or elected positions.

Appendix B: Designated Locations

- **Non-Residential Campuses/Properties:** Individual possession and consumption of alcohol is prohibited. College-sponsored activities approved by the Dean of Student Life and Experiential Learning may involve alcohol. The Dean of Student Life and Experiential Learning will approve functions and locations on a case-by-case basis.
- **Ranger School/Wanakena Campus:** Consumption of alcohol is not permitted in public areas. Consumption is permitted in private residential units of persons of legal drinking age provided that the host and all guests present are also of legal drinking age. College-sponsored activities approved by the Dean of Student Life and Experiential Learning may involve alcohol. The Dean of Student Life and Experiential Learning, in consultation with the Ranger School Director, will approve functions and locations on a case-by-case basis.
- **Cranberry Lake Biological Station:** Consumption of alcohol is not permitted in bunk houses or public areas. Consumption of alcohol is permitted only at the fire pit south of Sucker Brook bridge by those of legal drinking age. College-sponsored activities approved by the Dean of Student Life and Experiential Learning may involve alcohol. The Dean of Student Life and Experiential Learning, in consultation with the Property/Program Director, will approve functions and locations on a case-by-case basis.
- **Adirondack Ecological Center:** Consumption of alcohol is not permitted in office or laboratory facilities, the dining hall or its immediate grounds. College-sponsored activities approved by the Dean of Student Life and Experiential Learning may involve alcohol. The Dean of Student Life and Experiential Learning, in consultation with the Property/Program Director, will approve functions and locations on a case-by-case basis.
- **Residences of College Employees:** Lawful consumption of alcohol by College faculty and staff who live in College residences and their guests is permitted.

***Standard Sanctions for Substance Abuse-Related Violations
of the ESF Code of Student Conduct ¹***

Category	First Violation	Second Violation
“In the presence of” alcohol or other drugs under prohibited circumstances (e.g. in residence halls) ^{2,3}	Social probation; and educational project	May result in suspension for a minimum of one academic semester. Third offense will result in dismissal.
Use or possession of alcohol under prohibited circumstances	Disciplinary probation; parent notification; educational project; and community service hours	Suspension for a minimum of two academic semesters ^{4,5}
Supplying alcohol to underage person(s)	Disciplinary probation; parent notification; educational project; and community service hours	Suspension for a minimum of two academic semesters ^{4,5}
Intoxication or other substance abuse-related behavior posing a substantial risk to the health and well-being of self and/or others	Disciplinary probation; parent notification; residential relocation; alcohol/drug program; educational project; and community service hours	Suspension for a minimum of two academic semesters ^{4,5}
Use or possession of marijuana or drug paraphernalia	Disciplinary probation; parent notification; residential relocation; alcohol/drug program; educational project; and community service hours	Suspension for a minimum of two academic semesters ^{4,5}
Driving any motor vehicle while intoxicated or while under the influence of unlawful drugs	Suspension for a minimum of one academic semester; and community service hours prior to readmission	Dismissal ⁴
Manufacture, sale, purchase, or distribution of illegal drugs or controlled substances	Dismissal upon conviction or suspension for a minimum of one year until case is adjudicated.	Dismissal (if not already dismissed) ⁴
Administration of all sanctions will follow policies and procedures for enforcement, as defined in the ESF Student Handbook (Appendix A: Code of Student Conduct).		

¹ Sanctions will be determined on a case-specific basis by the adjudicator/appropriate adjudicative body.

² Other than College-sponsored events, students under the legal drinking age should not be in a situation where alcohol is being consumed. All students should avoid situations where there is illegal drug use.

³ As defined by residence hall policies and ESF jurisdictions.

⁴ Any alcohol- or drug-related offense after a student returns from a suspension for substance abuse-related violations will result in dismissal.

⁵ Suspension for two academic semesters may include the current semester (if the violation occurred prior to the 5th week of classes) and a consecutive semester.



Policies and Procedures

College Smoking Policy

Introduction:

In 2003 the New York State Legislature imposed restrictions on smoking in public places and places of employment in the State of New York. To comply with the law, the College has adopted the following smoking policy.

According to reports issued by the Surgeon General, smoking presents risks of certain cancers, coronary artery disease, emphysema, gastric ulcers, stroke, and fetal injury. In general, smokers die from a variety of ailments at a rate twice as high as non-smokers. Studies have also indicated that exposure to secondhand smoke is a significant risk to non-smokers. In recognition of creating a healthy, comfortable and productive environment for all students, faculty, staff and visitors, as well as complying with applicable law, the College has adopted the following policy that restricts the right to smoke on its premises:

- Smoking is prohibited in all College-operated buildings and in all vehicles owned and operated by the College. Doorways and loading docks are considered part of a building.
- Smoking is also prohibited in any outdoor area where flammable substances or combustible materials are used or stored.
- Persons who choose to smoke may do so outdoors no closer than 25 feet from building openings such as doors, windows, air intakes, loading docks, etc.

Compliance:

1. It is the responsibility of all administrators, faculty, staff and students to observe this policy.
2. Unit Heads, Chairs and Directors shall ensure that all personnel within their areas comply with this policy.
3. Employees or students who violate this policy may be disciplined through the Office of Human Resources or the Student Judiciary, respectively.
4. Any person who fails to comply with this policy may be in violation of Article 13E of the New York State Public Health Law. Violators may be subject to the imposition of a civil fine in addition to College disciplinary action.
5. Visitors are also required to observe this policy. Those who refuse to do so may be removed from or denied re-admittance to a building or event.

Smoking Cessation Assistance:

The Employee Assistance Program has several booklets available to assist with smoking cessation. Call x6847 for information.

The New York State Smokers' Quitline offers:

- trained Quitline specialists offering help with quit plans – call 866-NYQUITTS (866-697-8487).
- free starter kit of nicotine patches, gum or lozenges for eligible NYS smokers
- information about local stop smoking programs
- informational taped messages, including tips on the best ways to quit smoking, daily tips for support while trying to quit and information about free nicotine replacement options such as the patch or gum.

The website of the American Cancer Society also has information to help quit smoking:

http://www.cancer.org/docroot/PED/ped_10_3.asp?sitearea=PED.



State University of New York
College of Environmental Science and Forestry

**ASSUMPTION OF RISK AND RELEASE OF CLAIMS FOR PARTICIPATION IN
INTERCOLLEGIATE ATHLETIC ACTIVITIES AT SUNY-ESF**

In consideration of being permitted to participate in the Intercollegiate Athletics Program (“the Program”) by the State University of New York College of Environmental Science and Forestry (“the College”), I agree, on behalf of myself, my family, heirs, and personal representatives, to assume all the risks and responsibilities of my participation in the Program. I have been fully and completely apprised of the actual and potential risks inherent in this activity. These include the risk of property damage or loss, personal injury or death. By signing below, I am asserting that I am knowingly and voluntarily assuming such risks.

Furthermore, I do hereby acknowledge complete responsibility for all doctor, hospital, dental, first aid and other medical expenses, which I may incur while participating in the Program.

To the maximum extent permitted by law, I release and indemnify the State of New York, the State University of New York, the College, and their officers, employees, agents and volunteers, from and against any present or future claim, loss or liability for injury to person or property which I may suffer, or for which I may be liable to any other person, during or as a result of my participation in the Program, including periods of travel.

In signing this Assumption of Risk and Release, I acknowledge and represent that I have read the foregoing, understand it, and sign it voluntarily, that no oral representations, statements or inducements, apart from this written agreement, have been made, that I am at least 18 years of age and fully competent (or if not, my parent or guardian is also signing), and I am executing this Assumption of Risk and Release for full, adequate and complete consideration, fully intending to be bound by the same.

Dated:

Name of Student

Signature

Dated:

Parent/Guardian if Student under 18

Signature



SUNY-ESF INTERCOLLEGIATE ATHLETICS
STATEMENT OF INSURANCE AND EMERGENCY AUTHORIZATION

Name _____ Date of Birth _____

Sport _____

SUNY-ESF does not provide basic insurance coverage for the damages and costs associated with athletic injuries. The College Athletics Office requires that you complete and sign this statement to show proof of your insurance coverage and provide authorization for emergency medical treatment if needed. Participation will not be allowed until this statement is signed and on file with the College Athletics Office.

STATEMENT OF INSURANCE

I understand that as a student athlete at SUNY-ESF, I am required to have and maintain current individual medical/health insurance coverage, before and while participating in any strength and conditioning session, practice, game, competition, and/or team travel that is supervised by approved SUNY-ESF coaching staff, and I affirm that I have such coverage.

I understand that, since participation in SUNY-ESF athletic programs is voluntary, SUNY-ESF shall not be responsible for medical bills, including deductibles, not covered by my medical/health insurance policy. I understand that coverage or reimbursement for costs associated with hospital emergency room visits, hospitalization, and other health care, shall be determined solely by my health insurance policy.

Please indicate below the type of health/accident insurance coverage you have to ensure that you are in compliance with SUNY-ESF requirements for participation in intercollegiate athletics:

_____ I am covered by my parent's health/accident insurance plan with:

Insurance Company: _____ Policy #: _____

_____ I am covered by my own personal health/accident insurance plan with:

Insurance Company : _____ Policy#: _____

EMERGENCY AUTHORIZATION

I hereby authorize emergency medical treatment that may be deemed necessary by SUNY-ESF Athletics staff during my participation. (Efforts will be made to contact the emergency contact person listed below prior to treatment.)

Emergency Contact Person

Address and Telephone Number

I hereby authorize the release of all health information contained in my student records maintained in the Syracuse University Health Center or the College Athletics Office to any parties deemed necessary by SUNY-ESF Athletics staff.

REQUIRED SIGNATURE(S)

I have carefully read this statement before signing it. No representations, statements, or inducements, oral or written, apart from the foregoing written statement, have been made.

Signature of Student Athlete

Date

If Student Athlete is under 18 years of age, a parent or legal guardian must also read and sign this form.

I (A) am the parent or legal guardian of the above student, (B) have read the foregoing statement (including such parts as may subject me to the personal financial responsibility), (C) am and will be legally responsible for the obligations of the student as described in this statement.

Signature of Parent/Guardian

Date



State University of New York
College of Environmental Science and Forestry

Athletic Pre-Participation Medical History

Office of Athletics
10 Bray Hall – SUNY ESF
1 Forestry Drive
Syracuse, NY 13210

Please return by August 1st

**ALL potential student-athletes MUST complete and return before you are allowed to participate in any athletic activity*

General Contact Information

College Graduation Year: _____
Last Name First Name Middle Name

Home Address City State Zip Country (if not US)

Sports Participating In: _____ Male: ___ Female: ___ Date of Birth ___/___/___

Mother's Name Father's Name Parent Cell Phone

Home Address

Student Cell Phone Student E-Mail Address College Address

Emergency Contact Information

Emergency Contact Name Relationship

Home Phone: (___) _____ Work Phone: (___) _____ Cell Phone: (___) _____

Insurance Information

If there are any changes in your insurance information or coverage during the year, please update your information on file in the Office of Athletics.

Insurance Co. _____ Phone# _____

Policy Subscribers Name _____

Identification # _____ Group# _____

Referral Required for Specialist? Yes _____ No _____

Primary Care Physician _____ Phone# _____

***Please mail front/back copy of insurance card with form**

Medical Information: Part 1

I. Cardiovascular Risk Factors:

Have you ever had chest pain and/or shortness of breath during or after exercise/practice?

YES NO

Please describe: _____

Have you ever felt dizzy, lightheaded, and/or passed out during or after exercise/practice?

YES NO

Please describe: _____

Have you ever been told that you have a heart murmur?

YES NO

Please describe: _____

Has any family member or relative died of heart problems and/or sudden death before age 50?

YES NO

Please describe: _____

Have you or anyone in your family been told you/they have High Blood Pressure?

YES NO

Please describe: _____

II. Allergies:

Have you ever been diagnosed with Season Allergies? What meds do you take?

YES NO

Please describe: _____

Are you allergic to and/or ever had an unfavorable/allergic reaction to any medications/food?

YES NO

Please describe: _____

Are you allergic to and/or ever had an unfavorable/allergic reaction to bee stings, insect bites, etc.?

YES NO

Please describe: _____

III. Asthma:

Have you ever been diagnosed with Asthma and/or Exercised Induced Asthma?

YES NO

Date(s) _____ Please describe: _____

Are you presently taking/have you previously taken any Asthma medications/Use an Inhaler?

YES NO

Please describe: _____

How often do you use your rescue inhaler/per week? _____

How many acute asthma attacks have you had in the past 12 months? _____

Have you been hospitalized as a result of an attack?

YES NO

Date(s): _____

Medical Information: Part 2

Mark "Yes" if you have had any of the following

General Medical

___ Chronic or recurrent illness?

___ Tire quickly?

- ___ Had/have trouble with cough or breathing after exercise?
- ___ Heat exhaustion or heat stroke?
- ___ Pinched nerve or “stinger”?
- ___ Hospitalization and/or surgery?
- ___ Missing organs?
- ___ Have you ever been diagnosed with an eating disorder?

Explain any Yes answers: _____

Orthopedic History

- ___ Broken bones or fractures?
- ___ Stress fractures?
- ___ Injuries that require recurrent/ongoing treatment?

Any of the following injuries in the past year:

- ___ Head, neck or spinal injuries?
- ___ Chest, back, or pelvic injuries?
- ___ Arm injuries (shoulder/elbow/wrist)?
- ___ Leg injuries (hip/knee/ankle)?

Explain any Yes answers: _____

Head Injuries

- ___ Have you ever had a concussion? Date(s) of concussion(s) _____
- ___ Have you ever had prolonged concussion symptoms (lasting more than 1 week)?
- ___ Have you ever been knocked unconscious? When: _____

Female History

Are you currently pregnant?: _____

Other Medical History

- ___ Have you ever been diagnosed with ADHD? (Refer to www.ncaa.org/health-safety)
- ___ Have any trouble with your eyes or vision?
- ___ Wear glasses or contact lenses?
- ___ Wear any special equipment?

If you have any other medical history not covered by this form, please explain:

Current medications and reason for taking the medication:

Please list all dietary and performance enhancing supplements you are currently taking:

I hereby state that, to the best of my knowledge, my answers to the above questions are correct and authorize the staff of Syracuse University Health Services to release any pertinent health information to the SUNY-ESF Athletic Staff and Coaches as it pertains to my participation in athletics.

Athlete Signature _____ Date _____



PHYSICAL EXAMINATION CLEARANCE FORM 2011-12

Physical Examination

(Please Type or Print)

Student's Name _____ Date of Birth _____

Sport _____ Height _____ Weight _____ Pulse _____ BP _____ / _____

Vision R 20/ _____ L 20/ _____ Corrected: Y N Pupils: Equal _____ Unequal _____

Normal

Abnormal Findings

Initials

MEDICAL

Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			

MUSCULOSKELETAL

Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			

CLEARANCE

Cleared

Cleared after completing evaluation/rehabilitation for: _____

Not cleared for: _____ Reason: _____

Recommendations: _____

I certify that I have on this date examined this student and that, on the basis of the examination requested by the school authorities and the student's medical history as furnished to me, I have found no reason which would make it medically inadvisable for this student to compete in supervised athletic activities.

Physician's Name and Address (stamp or print)

Examiner's Signature

Date

Examiner's Telephone Number