

FOR ANYONE INVOLVED IN DEVELOPING PROFESSIONAL LEADERSHIP

ESF and SUNYLI have partnered to create a unique, intensive and interactive program for leaders on your campus. The Adirondack Leadership Challenge combines the challenging wilderness environment with leadership development to create a trip that is transformational. Participants experience and apply leadership models that directly influence their performance as a leader. Through group problem-solving tasks, interactive discussions and outdoor-action learning, the Adirondack Leadership Challenge can change people's lives – time after time, leader after leader.

We are gathering a group of 18 professionals to spend three days in the wilderness experiencing what trekking is all about and fine-tuning a program that enhances your own campus leadership academies. This experience focuses on creating leaders equipped to thrive within the complexities of higher education.

REGISTRATION: To register for an upcoming session, contact newcomb@esf.edu with "Adirondack Leadership Trek Registration" in the subject line.

COST: \$550/person; plus lodging and meals \$75/day

For additional information about participating in this program, please contact:

Paul Hai at pbhai@esf.edu or
Lee Riddell at lee.Riddell@suny.edu

www.esf.edu/newcomb

ESF State University of New York
College of Environmental Science and Forestry

TREK LEADERS



NORM PURE has been involved in the field of human potential development for more than 20 years. He focuses on helping leaders, individuals and in-tact work teams become aware of current behaviors and habits, set new intentions toward growth and change, and develop rituals and processes to achieve their goals. Norm blends his experience in the fields of private business, higher education, outdoor education, adventure programming and juvenile justice to engage his clients and inspire them to create the changes they desire to become fully engaged, highly energized and more productive and sustainable in their lives.



PAUL B. HAI leads SUNY-ESF's Northern Forest Institute, which is responsible for education and outreach emanating from ESF's Newcomb Campus, where the college has been conducting a broad research initiative since 1932. Paul's educational interests focus on making cross-disciplinary connections, infusing science and nature into all disciplinary studies. Paul's work also explores the environmental, ecological and cultural legacy of resource exploitation and management in the Adirondacks; and reconnecting children and nature.



LEE RIDDELL is director of the SUNY Leadership Institute. Lee's office walls – festooned with photos, mementos and maps – testify to her life on the go: from canoeing in Minnesota to scaling the Andes. As a public speaker, Lee's roster of topics is equally diverse, ranging from expertise in sustainability leadership and local campus-based leadership development to commentaries on women's leadership issues, the leadership wheel, and insights on indigenous cultures and how they lead.

THE ADIRONDACK LEADERSHIP CHALLENGE

DEVELOPING LEADERS TOGETHER





LOCATION:

ESF's Newcomb Campus is home to the Northern Forest Institute and Adirondack Ecological Center, leaders in outreach and ecological research respectively in the Adirondack Mountains of northern New York. The Newcomb Campus attracts classes, students and scientists from throughout the world, providing a base of operation for teaching, learning and research that seeks to understand the natural and human systems found throughout the northern forest. The Newcomb Campus is located on ESF's Huntington Wildlife Forest (HWF), a 15,000-acre field station in the central Adirondacks.

FITNESS:

Be prepared for some physical activity. You do not need to be in excellent shape, but you do need to be prepared for some level of exertion each day on the trail. If you have questions about your fitness, please call the trek organizer, Lee Riddell 315.214.2423.

WHAT TO BRING:

Comfortable, loose-fitting clothing, hiking boots, fleece or warm jacket for nights, outerwear appropriate for hiking in the ADKs.



SAMPLE ITINERARY

Friday

- Noon Lunch and settling into room
- 1 p.m. Welcome, program overview and orientation
- 2:00 – 5:30 p.m. Programming
The Good"-- Emotional Quadrants is an interactive activity/discussion used to help participants recognize how they feel at any given moment, and how that directly influences their performance as a leader. It also looks at the costs of operating from any but the optimal emotional state, which we have the power to influence.

"The Bad"--Triggers is another interactive session where participants will look at how we as human beings are triggered almost continuously throughout our day, and the impact this has on our performance, our health, and our relationships. We will also look at how to gain control of our emotions to lessen the impact of this dynamic.

Introduction to leadership and team building challenges

- 6 p.m. Dinner
- 7:00 - 9:00 p.m. history presentation with breakout groups
- 9 p.m. Social hour, relaxing, games

Saturday

- 8 a.m. Breakfast
- 9 -10:30 a.m. Preparing for leadership challenges when triggered by emotions. Group self-organizes a team and leadership structure to climb one of the nearby peaks.
- 10:30 a.m.– 2 p.m. Peak ascent; lunch to be carried in backpacks on trail
- 2 – 3:30 p.m. Debrief – team and individual feedback
- 3:30 – 5 p.m. Free time
- 6 – 7 p.m. Lakeside barbeque
- 7 – 9 p.m. Programming
"The Ugly"--Facts and Stories/Lens Work is taking the realities of how

humans try to make sense of the things going on around them, how they often create their own struggles, and how to gain control of our responses so we can remain high performers in the face of constant challenges.

"The Good to the Bad to the Ugly"-- Entailed Virtues helps participants look at their strengths, which are their assets for high performance leadership that can quickly become weaknesses when unrecognized and unregulated emotions take over.

- 9:00 Social hour, relaxing, games

Sunday

- 8 a.m. breakfast
- 9 – 10:30 a.m. Programming
"The Leadership Wheel" – A tool for understanding leadership based on the ancient framework of the Medicine Wheel. Individuals will explore their strengths in five intelligences: intellectual, emotional, intuitive, action and spiritual.
- 10:30 a.m.- noon Personal planning, slide show, closing ceremony
- Noon Bag lunch and check out

