1. *Actaea pachypoda*  
white baneberry, doll’s-eyes  
Seed Collection: Aug–Sept, when fruit turn white  
Note: The flowers look like those of red baneberry. They are very difficult to tell apart before they fruit.

2. *Actaea rubra*  
red baneberry  
Seed Collection: Aug–Sept, when fruit turn red

3. *Allium tricoccum*  
wild leek  
Seed Collection: Sept, when fruit is dark purple and capsules are dry and papery  
Note: The flower stalk shoots up after the leaves die.

4. *Aralia nudicaulis*  
野木犀  
wild sarsaparilla  
Seed Collection: Aug–Sept, when fruit turns dark purple

5. *Asarum canadense*  
野薑  
wild ginger  
Seed Collection: early–mid June, when seeds turn reddish brown

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
6. *Cardamine concatenata*
   cut-leaf toothwort
   Seed Collection: June, check swollen seed pods

7. *Cardamine (Dentaria) diphylla*
   two-leaf toothwort
   Seed Collection: June, check swollen seed pods

8. *Caulophyllum thalictroides*
   blue cohosh (flowering: late April)
   Seed Collection: Aug–Sept, when fruit turn blue

8. *Caulophyllum thalictroides*
   blue cohosh (beginning to fruit: mid May)

8. *Caulophyllum thalictroides*
   blue cohosh (seedling)

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
9. *Claytonia caroliniana*  
spring beauty  
Seed Collection: June, when fruit turn dark purple

10. *Dicentra canadensis*  
squirrel corn  
Seed Collection: June, when seed pods are swollen  
Note: Difficult to tell apart from Dutchman’s breeches if flowers are not present. Has a root that resembles a yellow corn kernel.

11. *Dicentra cucullaria*  
Dutchman’s breeches  
Seed Collection: June, when seed pods are swollen  
Note: has a pink root cluster

12. *Erythronium americanum*  
trout lily  
Seed Collection: June, look for a swollen pod, often difficult to come by

Photos courtesy of Michael Hough (#1-4, 13, 14, 16-21, 24, 26, 29)
12. *Erythronium americanum*  
trout lily (fruiting)

13. *Eurybia divaricata*  
white wood aster  
Seed Collection: Nov, fruit are dry, brown, and have stiff, bristly hairs

14. *Gaultheria procumbens*  
teaberry  
Seed Collection: Aug  
Note: berries often last through winter and early Spring. Collect the new berries in Aug.

15. *Hepatica acutiloba*  
liverleaf  
Seed Collection: Late May, when green fruit pull away from stem

16. *Hydrophyllum canadense*  
Canada waterleaf  
Seed Collection: Aug, when fruit begins to yellow

16. *Hydrophyllum canadense*  
Canada waterleaf

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
17. *Hydrophyllum virginianum*  
Virginia waterleaf  
Seed Collection: Aug, when fruit begins to yellow

18. *Maianthemum racemosa*  
false Solomon’s seal  
Seed Collection: Sept, when fruit turns red  
Note: False Solomon’s seal has a cluster of fruits and more pronounced leaf veins and more drawn out leaf ends than Solomon’s seal.

19. *Medeola virginiana*  
Indian cucumber root  
Seed Collection: Sept, when fruit turn dark purple

20. *Osmorhiza claytoni*  
sweet Cicely  
Seed Collection: summer–fall, when the small slender seeds darken

21. *Panax trifolium*  
dwarf ginseng  
Seed Collection: Aug, when fruit yellows

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
22. *Polygonatum pubescens*
   Solomon’s seal
   Seed Collection: Sept, when fruit turns blue-black
   Note: Flowers and fruit dangle, evenly spaced along the stem, unlike False Solomon’s seal

23. *Sanguinaria canadensis*
   bloodroot
   Seed Collection: June, when fruit turns brown

23. *Sanguinaria canadensis*
   bloodroot (seedling)

24. *Streptopus roseus*
   rose twisted stalk
   Seed Collection: Aug, when fruit turns red

24. *Streptopus roseus*
   rose twisted stalk

25. *Tiarella cordifolia*
   foamflower
   Seed Collection: June-July, when capsules turn light brown and papery

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
26. *Trientalis borealis*
starflower
Seed Collection: July, when fruit turns blue

27. *Trillium erectum*
red trillium
Seed Collection: July, when capsules turn red

27. *Trillium erectum*
red trillium (seedling)

28. *Trillium grandiflorum*
white trillium
Seed Collection: July, when capsules turn red

28. *Trillium grandiflorum*
white trillium (seedling)

29. *Uvularia grandiflora*
large-flowered bellwort
Seed Collection: July, when capsules yellow slightly, and seeds turn from white to tan
Note: Unlike rose-twisted stalk and the Solomon’s seals, the stem punctures the leaf inward from the edge of the leaf.
WATCH OUT FOR THESE LOOK-ALIKES AND PLANTS TO AVOID

Poison Ivy (do not touch!)
This is NOT two-leaf toothwort. Two of the three leaves are asymmetrical. Can be red when young.

Wood Nettle and Stinging Nettle (do not touch!)

Sugar Maple Seedling
These are very common.

Beech Tree Seedling

Jack in the Pulpit
This is NOT trillium. The three leaves are not equally spaced as they are in the trillium.

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)