



**1. *Actaea pachypoda***  
white baneberry, doll's-eyes

Seed Collection: Aug–Sept, when fruit turn white

Note: The flowers look like those of red baneberry. They are very difficult to tell apart before they fruit.



**2. *Actaea rubra***  
red baneberry

Seed Collection: Aug–Sept, when fruit turn red



**3. *Allium tricoccum***  
wild leek

Seed Collection: Sept, when fruit is dark purple and capsules are dry and papery

Note: The flower stalk shoots up after the leaves die.



**4. *Aralia nudicaulis***  
wild sarsaparilla

Seed Collection: Aug–Sept, when fruit turns dark purple



**5. *Asarum canadense***  
wild ginger

Seed Collection: early–mid June, when seeds turn reddish brown



**5. *Asarum canadense***  
wild ginger



**6. *Cardamine concatenata***  
cut-leaf toothwort

Seed Collection: June, check swollen seed pods



**6. *Cardamine concatenata***  
cut-leaf toothwort (seedling)



**7. *Cardamine (Dentaria) diphylla***  
two-leaf toothwort

Seed Collection: June, check swollen seed pods



**8. *Caulophyllum thalictroides***  
blue cohosh (flowering: late April)

Seed Collection: Aug–Sept, when fruit turn blue



**8. *Caulophyllum thalictroides***  
blue cohosh (beginning to fruit: mid May)



**8. *Caulophyllum thalictroides***  
blue cohosh (seedling)



**9. *Claytonia caroliniana***  
spring beauty

Seed Collection: June, when fruit turn dark purple



**9. *Claytonia caroliniana***  
spring beauty



**10. *Dicentra canadensis***  
squirrel corn

Seed Collection: June, when seed pods are swollen

Note: Difficult to tell apart from Dutchman's breeches if flowers are not present. Has a root that resembles a yellow corn kernel.



**11. *Dicentra cucullaria***  
Dutchman's breeches

Seed Collection: June, when seed pods are swollen

Note: has a pink root cluster



**11. *Dicentra cucullaria***  
Dutchman's breeches (seedling)



**12. *Erythronium americanum***  
trout lily

Seed Collection: June, look for a swollen pod, often difficult to come by



**12. *Erythronium americanum***  
trout lily (fruiting)



**13. *Eurybia divaricata***  
white wood aster

Seed Collection: Nov, fruit are dry, brown, and have stiff, bristly hairs



**14. *Gaultheria procumbens***  
teaberry

Seed Collection: Aug

Note: berries often last through winter and early Spring. Collect the new berries in Aug.



**15. *Hepatica acutiloba***  
liverleaf

Seed Collection: Late May, when green fruit pull away from stem



**16. *Hydrophyllum canadense***  
Canada waterleaf

Seed Collection: Aug, when fruit begins to yellow



**16. *Hydrophyllum canadense***  
Canada waterleaf



**17. *Hydrophyllum virginianum***  
Virginia waterleaf

Seed Collection: Aug, when fruit begins to yellow



**17. *Hydrophyllum virginianum***  
Virginia waterleaf



**18. *Maianthemum racemosum***  
false Solomon's seal

Seed Collection: Sept, when fruit turns red

Note: False Solomon's seal has a cluster of fruits and more pronounced leaf veins and more drawn out leaf ends than Solomon's seal.



**19. *Medeola virginiana***  
Indian cucumber root

Seed Collection: Sept, when fruit turn dark purple



**20. *Osmorhiza claytoni***  
sweet Cicely

Seed Collection: summer-fall, when the small slender seeds darken



**21. *Panax trifolium***  
dwarf ginseng

Seed Collection: Aug, when fruit yellows



**22. *Polygonatum pubescens***  
Solomon's seal

Seed Collection: Sept, when fruit turns blue-black

Note: Flowers and fruit dangle, evenly spaced along the stem, unlike False Solomon's seal



**23. *Sanguinaria canadensis***  
bloodroot

Seed Collection: June, when fruit turns brown



**23. *Sanguinaria canadensis***  
bloodroot (seedling)



**24. *Streptopus roseus***  
rose twisted stalk

Seed Collection: Aug, when fruit turns red



**24. *Streptopus roseus***  
rose twisted stalk



**25. *Tiarella cordifolia***  
foamflower

Seed Collection: June-July, when capsules turn light brown and papery



**26. *Trientalis borealis***  
starflower

Seed Collection: July, when fruit turns blue



**27. *Trillium erectum***  
red trillium

Seed Collection: July, when capsules turn red



**27. *Trillium erectum***  
red trillium (seedling)



**28. *Trillium grandiflorum***  
white trillium

Seed Collection: July, when capsules turn red



**28. *Trillium grandiflorum***  
white trillium (seedling)



**29. *Uvularia grandiflora***  
large-flowered bellwort

Seed Collection: July, when capsules yellow slightly, and seeds turn from white to tan

Note: Unlike rose-twisted stalk and the Solomon's seals, the stem punctures the leaf inward from the edge of the leaf.

## WATCH OUT FOR THESE LOOK-ALIKES AND PLANTS TO AVOID



**Poison Ivy (do not touch!)**

This is NOT two-leaf toothwort. Two of the three leaves are asymmetrical. Can be red when young.



**Wood Nettle and Stinging Nettle (do not touch!)**



**Sugar Maple Seedling**

These are very common.



**Beech Tree Seedling**



**Jack in the Pulpit**

This is NOT trillium. The three leaves are not equally spaced as they are in the trillium.

