1. **Actaea pachypoda**  
white baneberry, doll’s-eyes  
Seed Collection: Aug–Sept, when fruit turn white  
Note: The flowers look like those of red baneberry. They are very difficult to tell apart before they fruit.

2. **Actaea rubra**  
red baneberry  
Seed Collection: Aug–Sept, when fruit turn red

3. **Allium tricoccum**  
wild leek  
Seed Collection: Sept, when fruit is dark purple and capsules are dry and papery  
Note: The flower stalk shoots up after the leaves die.

4. **Aralia nudicaulis**  
wild sarsaparilla  
Seed Collection: Aug–Sept, when fruit turns dark purple

5. **Asarum canadense**  
wild ginger  
Seed Collection: early–mid June, when seeds turn reddish brown

5. **Asarum canadense**  
wild ginger

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
6. *Cardamine concatenata*  
cut-leaf toothwort  
Seed Collection: June, check swollen seed pods

7. *Cardamine (Dentaria) diphylla*  
two-leaf toothwort  
Seed Collection: June, check swollen seed pods

8. *Caulophyllum thalictroides*  
blue cohosh (flowering: late April)  
Seed Collection: Aug–Sept, when fruit turn blue

8. *Caulophyllum thalictroides*  
blue cohosh (beginning to fruit: mid May)

8. *Caulophyllum thalictroides*  
blue cohosh (seedling)

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
9. *Claytonia caroliniana*  
**spring beauty**

Seed Collection: June, when fruit turn dark purple

10. *Dicentra canadensis*  
**squirrel corn**

Seed Collection: June, when seed pods are swollen

Note: Difficult to tell apart from Dutchman’s breeches if flowers are not present. Has a root that resembles a yellow corn kernel.

11. *Dicentra cucullaria*  
**Dutchman’s breeches**

Seed Collection: June, when seed pods are swollen

Note: has a pink root cluster

12. *Erythronium americanum*  
**trout lily**

Seed Collection: June, look for a swollen pod, often difficult to come by

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
12. Erythronium americanum  
trout lily (fruiting)

13. Eurybia divaricata  
white wood aster
Seed Collection: Nov, fruit are dry, brown, and have stiff, bristly hairs

14. Gaultheria procumbens  
teaberry
Seed Collection: Aug
Note: berries often last through winter and early Spring. Collect the new berries in Aug.

15. Hepatica acutiloba  
liverleaf
Seed Collection: Late May, when green fruit pull away from stem

16. Hydrophyllum canadense  
Canada waterleaf
Seed Collection: Aug, when fruit begins to yellow

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
17. *Hydrophyllum virginianum*
Virginia waterleaf
Seed Collection: Aug, when fruit begins to yellow

18. *Maianthemum racemosa*
false Solomon’s seal
Seed Collection: Sept, when fruit turns red
Note: False Solomon’s seal has a cluster of fruits and more pronounced leaf veins and more drawn out leaf ends than Solomon’s seal.

19. *Medeola virginiana*
Indian cucumber root
Seed Collection: Sept, when fruit turn dark purple

20. *Osmorhiza claytoni*
sweet Cicely
Seed Collection: summer–fall, when the small slender seeds darken

21. *Panax trifolium*
dwarf ginseng
Seed Collection: Aug, when fruit yellows

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
22. *Polygonatum pubescens*  
Solomon’s seal  
Seed Collection: Sept, when fruit turns blue-black  
Note: Flowers and fruit dangle, evenly spaced along the stem, unlike False Solomon’s seal

23. *Sanguinaria canadensis*  
bloodroot  
Seed Collection: June, when fruit turns brown

23. *Sanguinaria canadensis*  
bloodroot (seedling)

24. *Streptopus roseus*  
rose twisted stalk  
Seed Collection: Aug, when fruit turns red

24. *Streptopus roseus*  
rose twisted stalk

25. *Tiarella cordifolia*  
foamflower  
Seed Collection: June-July, when capsules turn light brown and papery

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
26. *Trientalis borealis*  
starflower  
Seed Collection: July, when fruit turns blue

27. *Trillium erectum*  
red trillium  
Seed Collection: July, when capsules turn red

27. *Trillium erectum*  
red trillium (seedling)

28. *Trillium grandiflorum*  
white trillium  
Seed Collection: July, when capsules turn red

28. *Trillium grandiflorum*  
white trillium (seedling)

29. *Uvularia grandiflora*  
large-flowered bellwort  
Seed Collection: July, when capsules yellow slightly, and seeds turn from white to tan  
Note: Unlike rose-twisted stalk and the Solomon’s seals, the stem punctures the leaf inward from the edge of the leaf.

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)
WATCH OUT FOR THESE LOOK-ALIKES AND PLANTS TO AVOID

Poison Ivy (do not touch!)
This is NOT two-leaf toothwort. Two of the three leaves are asymmetrical. Can be red when young.

Wood Nettle and Stinging Nettle (do not touch!)

Sugar Maple Seedling
These are very common.

Beech Tree Seedling

Jack in the Pulpit
This is NOT trillium. The three leaves are not equally spaced as they are in the trillium.

Photos courtesy of Michael Hough (#1–4, 13, 14, 16–21, 24, 26, 29)